

Equine Assisted Learning can help:

Children who have:

- Difficulties with traditional schooling
- Special educational needs
- Poor literacy or numeracy skills
- Learning difficulties
- Behavioural difficulties

Adults who would like to:

- Change established behaviour patterns
- Learn new skills and build confidence to enable a return to work

Anyone who would like to:

- Increase self confidence
- Raise self esteem
- Improve communication skills
- Seek a different approach in dealing with depression

Corporate clients working to improve:

- Leadership and management skills
- Team building
- Communication skills

In addition we specialise in working with anyone who is:

- Bereaved
- Living with a life limiting illness
- Caring for someone who is ill

Contact us



To find out more or to make a referral please
contact Heather Watson on 07888 678239 or
email at

info@wiltshireequineassistedlearning.co.uk

Alternatively visit our website:

www.wiltshireequineassistedlearning.co.uk

WILTSHIRE EQUINE ASSISTED LEARNING

The Street, Broughton Gifford, Near Melksham, SN12 8PS

07888 678239

www.wiltshireequineassistedlearning.co.uk

info@wiltshireequineassistedlearning.co.uk



Wiltshire Equine Assisted Learning

Helping people of all ages and
abilities to learn and develop
through interactions with ponies.

Find out how our very special
teachers can help you!



EQUINE ASSISTED QUALIFICATIONS

If you wish, you can work towards a nationally recognised qualification with RQF (previously QCF) credits through our accreditation with APT Ed and EAQ (Equine Assisted Qualifications).

There is no need to take any units or work towards a qualification if you'd simply like to experience equine assisted learning or work with the horses purely for your own learning. However, by combining your experience with the horses and one or more of our units, you will have a recognised outcome for your endeavours.

We offer units at different levels and in a range of subjects. You can work at the level which is most appropriate for you. Your facilitator will help you to choose a suitable subject and to work towards it. This way of learning is relaxed, fun and offers the scope to be creative, playing to the strengths of each individual learner.

WHAT IS EQUINE ASSISTED LEARNING?

Equine assisted learning uses a process called experiential learning. This is the way that most of us learn everyday. It simply means having an experience and learning from that experience. Sometimes experiential learning is "set up" using activities but the main type of experiential learning happens all the time as a direct result of taking part in everyday situations.

WHAT HAPPENS IN A SESSION?

We offer opportunities to interact with our ponies and other animals. Our main focus is helping people to gain a better understanding of themselves through these interactions.

When you are working with the ponies you will make choices about how you ask the pony to work with you in an activity. By noticing the choices you make, and observing the interaction between you and the pony, it is possible for you to identify personal obstacles and challenges. The horse gives you feedback without making judgements or criticising. This makes it possible for you to modify your behaviour and test a new approach very quickly. The observations can also be discussed with your facilitator to increase learning from the experience.



There are lots of enjoyable activities involving the horses, from approaching one in a field to grooming and leading, preparing horse food, obstacle courses etc.. We also offer other activities such as other painting, collage, photography, and can work indoors if needed during colder months.

We can offer help with:

- building self confidence and self esteem
- developing communication skills
- problem solving
- literacy and numeracy
- managing anger or anxiety
- understanding the perspective of others
- coping with our own feelings
- developing resilience when things are difficult
- developing skills for employment

